

Family & Friends CPR Instruction

The purpose of this course is to teach untrained bystanders how to perform hands-only CPR. Having more citizen bystanders trained in this simple skill can help save lives by putting more cardiac arrest victims within a few steps of lifesaving assistance.

We will be offering Hands-Only CPR, AED use and Mild and Severe Airway Block for Adults and Children in this session.

Family & Friends CPR is for people young and old who want to learn CPR but do not need a CPR course completion card to meet a job requirement. This course is ideal for new parents, grandparents, babysitters, and others interested in learning how to save a life. Each person will receive a course materials booklet for ongoing reference.

When: Sunday, May 21, 2017 – 12:00 noon

Where: St. Francis Church (Milbank Hall)
400 New Market Road
Dunellen, New Jersey 08812
(732) 968-6781

Who: Sponsored by the Episcopal Church Women (ECW):
Amy Myzie: American Heart Association BLS Instructor

Cost: \$5.00

RSVP: To Amy Myzie at myzie57@gmail.com

For further information contact Amy Myzie at myzie57@gmail.com.